



Day 1	Time
Class Introductions and Orientation	1 hour
Roles and Responsibilities	1 hour
Patient Assessment	2 hours
Lunch	1 hour
Lifting and Moving/Litter Packaging	2.25 hours
Medical, Legal and Ethical Issues	1 hour
Lightning	30 minutes
Review and Prep for Day Two	15 minutes

Day 2	Time
Hypothermia	45 minutes
Frostbite	30 minutes
Heat Illness	45 minutes
Trauma Review & Long Term Considerations	2 hours
Lunch	1 hour
Long Term Wound Care, Stapling and Suturing	2 hours
Athletic Injury Management & Taping	1 hour
Joint Reductions	45 minutes
Review and Prep for Day Three	15 minutes

Day 3	Time
Fracture Management	1 hour
Spinal Injury Assessment and Management	30 minutes
Scenario	1.5 hours
Medical Emergencies in Remote Settings	1 hour
Lunch	1 hour
Medical Emergencies in Remote Settings	45 minutes
Eye Injuries	1 hour
Dental Emergencies	1 hour



Search and Rescue	45 minutes
Prep for Survival Lab	30 minutes
Dinner / Break	2 hours
Search and Rescue / Survival Lab	2.5 hours

Day 4	Time
Expedition Health and Hygiene	1.25 hours
Genitourinary Medicine	45 minutes
Psychological Emergencies	30 minutes
Tropical Medicine and Travel Considerations	45 minutes
Altitude Illness	45 minutes
Lunch	1 hour
Dive Emergencies	1 hour
Envenomation	2 hours
Evacuation and Rescue Considerations	1 hour

Day 5	Time
MCI and Triage	3 hours
Expedition/Remote Site Medical Kits and Clinics	1 hour
Lunch	1 hour
Final Exams	2.5 hours
Course Closing	30 minutes